

## APPETIZERS

<b>Salted Baked German Pretzels</b>	7
Cheddar cheese dipping sauce	
<b>Rings of Calamari</b>	12
Flash fried with hot cherry peppers and Parmesan cheese	
Garlic aioli and marinara dipping sauces	
<b>Battered Chicken Tenders</b>	11
Choice of honey mustard or tossed in our spicy buffalo sauce	
<b>Thai Lettuce Wraps</b>	14
Sweet chili chicken with crushed peanuts and carrot-bean thread salad	
Crisp cucumber and spring onions with cilantro-lime sauce	
<b>Buffalo Cauliflower</b>	10
Beer battered cauliflower bites with bleu cheese dressing	
<b>Cheeseburger Sliders with Aged Vermont Cheddar</b>	12
3 Shortrib brisket blend burgers	
Topped with cheddar & Frizzled onions	
<b>Chicago Style Spinach Dip</b>	14
Creamy baked spinach and artichokes, Parmesan crust	
Flash fried tortillas with celery sticks	
<b>Boom Boom Shrimp</b>	4
Hot and sweet fried prawns with puffed rice noodles	
Crispy string beans and sweet fermented soy	
<b>Fresh Guacamole *</b>	14
Crispy corn tortillas and salsa roja	
<b>Oven Baked Nachos *</b>	12
Seasoned ground beef, pickled jalapeños, Monterey Jack cheese	
Scallions, green olives, tomatoes, salsa, sour cream, and guac	
<b>Buffalo Wings</b>	12
Celery sticks with creamy bleu cheese dressing	
<b>Loaded Boardwalk Fries</b>	9
Homemade "Velveeta", and sour cream	
Crushed bacon, and chopped scallion	
<b>Panko Crusted Mozzarella Sticks</b>	9
Deep fried mozzarella with homemade marinara sauce	
<b>Black &amp; Tan Onion Rings</b>	9
Served with honey mustard	
<b>Potato Skins</b>	9
Twice baked potato topped with bacon, cheddar & sour cream	
<b>Pierogies</b>	
Tossed with butter, caramelized onions, panko bread crumb & sour cream	
<b>Applewood Smoked Wings</b>	12
Oven roasted and applewood rubbed wings, served with buffalo ranch dipping	

## SIDES

<b>Roasted Asparagus</b>	6
<b>Seasonal Vegetables</b>	5
<b>Steamed Broccoli</b>	4
<b>Home-made coleslaw</b>	5
<b>Jasmine Rice</b>	4
<b>Country Mashed Potatoes</b>	6
<b>Mac-n-Cheese</b>	5
<b>French Fries</b>	6
<b>Sweet Potato Fries</b>	6

## FIRE GRILLED FLAT BREADS



## SALADS

	Half	Full
<b>Height's House Salad</b>	9	12
Organic field greens with tomatoes, cucumbers, olives, cheddar, Red onions, Peppadew, toasted croûtons, and carrots		
Tossed in red wine vinaigrette		
<b>Grilled Chicken Caesar Salad</b>	10	15
Romaine hearts, Reggiano Parmesan, and corn bread croûtons		
<b>Farmhouse Salad*</b>	12	15
Grilled chicken, crispy romaine, walnuts, double smoked bacon Apples, egg, dried cranberries, tomatoes, and red onion		
Tossed in honey mustard		
<b>Country Salad</b>	12	15
Mesclun greens with house-battered chicken tenders, Danish bleu cheese		
Walnuts, bacon, egg, red onions, tomato, avocado, and toasted croûtons		
<b>Balsamic Strip Steak Salad</b>		17
Tossed mixed greens with sundried tomato, chopped onions, avocado		
Fresh mozzarella, artichoke hearts, roasted peppadew peppers		
Button mushrooms, finished with balsamic glaze		
<b>Ancient Grain Salad</b>		13
White Balsamic tossed arugula, shredded cabbage, apple		
Grapes, pumpkin seeds, toasted almonds, wheat berries		
Red quinoa, red pepper, carrots, topped with hearts of palm croquette		
<b>Grilled Atlantic Salmon Salad*</b>		17
Organic field greens, red quinoa, fresh orange segments		
Matchstick apples, English cucumbers, Vidalia onion		
Ginger vinaigrette		
<b>Detox Salad with Pan Roasted Crab Cake Salad</b>		17
Mixed greens, grilled asparagus, kiln dried blueberries		
Dried cranberries, roasted pumpkin seeds, and toasted almonds		
Ginger dressing		
<b>Poke Bowl Salad*</b>		14
Ahi tuna tartar, sushi sticky rice, baby greens, avocado		
Edamame beans, carrots, cucumbers, wasabi & crispy nori		
Tossed with Sesame dressing		

## SPECIALTY SANDWICHES & WRAPS

Add French fries to any sandwich or wrap for \$3.00

<b>Chicken Cutlet Flat-bread Sandwich</b>	12
Crispy chicken, provolone, baby spinach, tomato, red onion	
Cucumbers, Peppadew peppers, & red wine vinaigrette	
<b>French Dip Sandwich</b>	13
Thin sliced ribeye, melted muenster cheese,	
Pan Au Jus on a hero roll	
<b>Pan Fried Crab Cake Sandwich</b>	13
Brioche bun and a side of honey mustard sauce	
<b>Grilled Chicken Caesar Wrap</b>	10
Wrapped in a white flour wrap	
<b>Marinated Grilled Chicken Sandwich</b>	12
Mozzarella, roasted peppers, lettuce, tomato, and onion	
Served on a Ciabatta roll with Balsamic Vinaigrette	
<b>Crispy Fish Tacos</b>	13
Cornmeal coated Salmon and cilantro dressed coleslaw	
Served in a white flour tortilla with fresh guacamole and chips	
<b>Whole Wheat Blackened Chicken Wrap</b>	11
Bacon, red onion, avocado, muenster cheese	
Lettuce, tomato, and chipotle mayo	
<b>Turkey and Brie Panini</b>	12
Sliced turkey and Brie with bacon and cranberry spread	
<b>Avocado BLT</b>	12
Applewood smoked bacon, lettuce, tomato, and mayo	
Toasted multigrain health bread	
<b>Soup, Salad and 1/2 Sandwich</b>	11
Your choice of soup, salad and any BLT, panini,	
chicken sandwich or buffalo cauliflower wrap	
<b>Buffalo Cauliflower Wrap</b>	11
Quinoa, wheat berry, shredded lettuce and tomato	
Melted bleu cheese in a white flour wrap	
<b>Hawaiian Wrap</b>	13
Marinated Rib-eye steak, pineapple rice, sweet peppers	
Carmelized Onions, sliced tomato, sour cream	
<b>Triple Decker Chicken Quesadilla</b>	12
Slow pulled chicken, Monterey Jack cheese, and baby spinach	
Served with fresh guacamole, salsa, sour cream, and chips	

## BURGERS

Blend of short rib, brisket and chuck. Grilled to your liking and served with French fries

**\* Gluten Free Burger Bun Available \***

<b>Cheeseburger</b>	13
8 oz. patty topped with yellow American	
<b>Bacon Cheddar Burger</b>	15
8 oz. patty with hardwood smoked bacon and English cheddar	
<b>Smokehouse BBQ Burger</b>	15
8 oz. burger with smoked bacon, Monterey Jack cheese, and	
BBQ'd onions	
<b>Buffalo Brie Burger</b>	15
8 oz. burger coated with buffalo sauce and topped with brie	
<b>California Cheeseburger Wrap</b>	13
Fresh Avocado, Butter-leaf lettuce, tomato, onion, pickles, and	
russian dressing wrapped in a white flour tortilla	
<b>Veggie Burger</b>	12
Black bean burger topped with cheddar cheese and guacamole	

## ENTRÉES

Half / Full Rack

14 / 23

### Barbequed Danish Baby Back Ribs

Slow cooked and finished on the grill with our BBQ sauce, sweet potato fries and homemade slaw

### Fajitas

Sautéed peppers and onions with Jasmine rice, pico de gallo, sour cream, guacamole, and grilled flour tortillas

17

### With Grilled Chicken

19

### With Shrimp or Steak

### Chicken Milanese

Panko crusted and served with balsamic tossed mixed greens, Chopped red onion, Sliced red pepper Topped with tomato and Mozzarella

17

### Cheddar Stuffed Meatloaf

Blended short rib meatloaf with country mashed potatoes Crunchy vidalia onions, barbecued asparagus, and port wine reduction

18

### Shepherd's Pie \*

Seasoned ground beef with peas, carrots, and onions Topped with Yukon gold country mashed potatoes

17

### Panko Crusted Vodka Chicken

Breaded chicken cutlet smothered in vodka sauce Topped with Parmesan cheese over linguine

18

### Penne a la Vodka

Tomato cream sauce with prosciutto di parma, finished with triple distilled vodka

13

### Add marinated grilled chicken...\$5

### Cavatelli & Broccoli

With sautéed broccoli, roasted garlic, olive oil, and white wine

13

### Wok Seared Salmon

Scallion fried rice with soybeans, carrots, and mushrooms, Indonesian sweet black soy and pan roasted asparagus

24

### Creole Shrimp \*

Creole dusted jumbo shrimp over creamy risotto and roasted asparagus

19

### Center Cut Filet Mignon \*

8 oz. filet with country mashed potatoes and Port wine demi-glace

29

### Beer Braised Short Rib

Boneless beef shortribs slow cooked and served over mashed potatoes with Au Jus

20

### Hawaiian Rib eye Steak

14oz marinated and grilled Rib eye steak served with pineapple fried rice

27

### Korean BBQ Stir Fry

Soy marinated beef with broccoli, asparagus, peppers, onions, and sesame seeds served over jasmine rice

19

\* = Gluten Free Option

## SOUP

### Fench Onion Soup

Made with 3-onions and a cheese glazed crouton

6

### Chicken Noodle Soup

Slow cooked with pulled chicken

6

### Feature Soup

Ask about our weekly feature soup

6

## KIDS

(All kid's meals served with choice of French fries or daily vegetable.)

....Kids Eat Free On Tuesday Nights Dine In Only .....

Crispy Chicken Tenders	7	Creamy Mac-n-Cheese	6
Mozzarella Sticks	6	Kids Grilled Cheese	6
Kids Pizza	7	Kids Sliders	8
Kids Strip Steak	12	Pasta	6
		(with tomato or butter sauce)	

## FAMILY FEASTS

All Family Meals Feed Approximately Four People (4)

<b>The Dim Sum Package</b>	35
Boom boom shrimp and Thai chicken lettuce wraps Buffalo wings and mini crab cakes Accompanied by a tossed Asian field salad and appropriate dips	

<b>The Family Barbeque</b>	59
2-Racks of our Danish baby back ribs, grilled vegetables 8-Piece of barbecued black label chicken breast and crusty dinner rolls Served with Cole slaw, French fries, And a house or Caesar salad	

<b>Chicken &amp; Pasta Package</b>	45
Your choice of chicken, choice of either cavatelli & broccoli, Penne vodka, or baked mac & cheese, house or Caesar salad Fresh dinner rolls and creamy butter	

<b>Sandwich, Soup, Salad &amp; Sweets</b>	34
Choice of any two sandwiches, house or caesar salad Soup of the day or chicken noodle, and carrot cake or brownie	

<b>The Tailgate Package</b>	35
Buffalo wings, potato skins, mozzarella sticks Boardwalk fries and your choice of flatbread pizza	

<b>Pizza &amp; Pasta Package</b>	26
Choice of either cavatelli & broccoli, penne vodka, or baked mac & cheese Caesar or house salad plain pizza	

Add a Quart of any Soup to Any Family Order for \$8

## DESSERTS

<b>Warm Chocolate Brownie</b>	8
Topped with Vanilla Fudge Ice Cream and chocolate sauce	
<b>Warm Granny Smith Apple Crisp</b>	8
Vanilla Caramel Swirl ice cream & oatmeal-brown sugar streusel Caramel sauce	
<b>Carrot Cake With Cream Cheese Icing</b>	7
Port infused raisin compote and Saffron caramel sauce	
<b>Chocolate Chip Cookie Bomb</b>	7
Cookie dough, molten chocolate, & vanilla bean ice cream	
<b>Key Lime Pie</b>	7
Key lime custard topped with meringue	
<b>Rice Krispie French Toast</b>	7
Topped with vanilla bean ice cream, maple syrup, and berry compote	

Ice Cream - \$5

Chocolate, Vanilla Bean,  
Vanilla Caramel Swirl & Vanilla Fudge Crunch

# Delicious Heights

## Carry Out & Delivery

**Berkeley Heights**  
428 Springfield Ave

**908.464.3287**

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Sun- 12 pm to 8 pm

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Menu Updated 11.4.18

