

APPETIZERS

Salted Baked German Pretzels	7
Cheddar cheese dipping sauce	
Rings of Calamari	12
Flash fried with hot cherry peppers and Parmesan cheese	
Garlic aioli and marinara dipping sauces	
Battered Chicken Tenders	11
Choice of honey mustard or tossed in our spicy buffalo sauce	
Thai Lettuce Wraps	14
Sweet chili chicken with crushed peanuts and carrot-bean thread salad	
Crisp cucumber and spring onions with cilantro-lime sauce	
Buffalo Cauliflower	10
Beer battered cauliflower bites with bleu cheese dressing	
Cheeseburger Sliders with Aged Vermont Cheddar	12
3 Shortrib brisket blend burgers	
Topped with cheddar & Frizzled onions	
Chicago Style Spinach Dip	14
Creamy baked spinach and artichokes, Parmesan crust	
Flash fried tortillas with celery sticks	
Boom Boom Shrimp	14
Hot and sweet fried prawns with puffed rice noodles	
Crispy string beans and sweet fermented soy	
Fresh Guacamole *	14
Crispy corn tortillas and salsa roja	
Oven Baked Nachos *	12
Seasoned ground beef, pickled jalapeños, Monterey Jack cheese	
Scallions, green olives, tomatoes, salsa, sour cream, and guac	
Buffalo Wings	12
Celery sticks with creamy bleu cheese dressing	
Loaded Boardwalk Fries	9
Homemade "Velveeta", and sour cream	
Crushed bacon, and chopped scallion	
Panko Crusted Mozzarella Sticks	9
Deep fried mozzarella with homemade marinara sauce	
Black & Tan Onion Rings	9
Served with honey mustard	
Potato Skins	9
Twice baked potato topped with bacon, cheddar & sour cream	
Pierogies	10
Tossed with butter, caramelized onions, panko bread crumb & sour cream	

* = Gluten Free Option Available

SIDES

Roasted Asparagus	6
Seasonal Vegetables	5
Steamed Broccoli	4
Home-made coleslaw	5
Jasmine Rice	4
Country Mashed Potatoes	6
Mac-n-Cheese	5
French Fries	6
Sweet Potato Fries	6

FIRE GRILLED FLAT BREADS



Margarita Pizza 10

Fresh mozzarella & crushed tomato

Harvest Mushroom Pizza 12

Fresh mozzarella, tomato sauce, and roasted mushrooms

Hot Honey Pizza 12

Sliced pepperoni, fresh mozzarella, tomato sauce and chili honey

Chicken Club Pizza 12

Grilled chicken, bacon, tomato, Jack cheese, avocado, lettuce, & Ranch

SALADS

	Half	Full
Height's House Salad	9	12
Organic field greens with tomatoes, cucumbers, olives, cheddar, Red onions, Peppadew, toasted croûtons, and carrots		
Tossed in red wine vinaigrette		
Grilled Chicken Caesar Salad	10	16
Romaine hearts, Reggiano Parmesan, and corn bread croûtons		
Farmhouse Salad*	12	17
Grilled chicken, crispy romaine, walnuts, double smoked bacon		
Apples, egg, dried cranberries, tomatoes, and red onion		
Tossed in honey mustard dressing		
Country Salad	12	17
Mesclun greens with house-battered chicken tenders, Danish bleu cheese		
Walnuts, bacon, egg, red onions, tomato, avocado, and toasted croûtons		
Balsamic Tossed Salad	12	
Tossed mixed greens with sundried tomato, chopped onions		
Avocado, fresh mozzarella, artichoke hearts, roasted peppadew		
Button mushrooms, finished with balsamic glaze		
Add Balsamic Chicken...\$4		
Add Strip Steak...\$5		
Ancient Grain & Strawberry Salad	12	
Baby spinach, wheat berry, Quinoa, tomatoes, and sliced asparagus		
Parmesan cheese, sun-dried cranberries and toasted almonds		
Tossed in berry vinaigrette		
Grilled Atlantic Salmon Salad*	17	
Organic field greens, red quinoa, fresh orange segments		
Matchstick apples, English cucumbers, Vidalia onion		
Ginger vinaigrette		
Detox Salad with Pan Roasted Crab Cake Salad	17	
Mixed greens, grilled asparagus, kiln dried blueberries		
Dried cranberries, roasted pumpkin seeds, and toasted almonds		
Ginger dressing		
Poke Bowl Salad*	14	
Ahi tuna tartar, sushi sticky rice, baby greens, avocado		
Edamame beans, carrots, cucumbers, wasabi & crispy nori		
Tossed with Sesame dressing		

SPECIALTY SANDWICHES & WRAPS

Add French fries, to any sandwich or wrap for \$3.00

Chicken Cutlet Flat-bread Sandwich	12
Crispy chicken, provolone, baby spinach, tomato, red onion	
Cucumbers, Peppadew peppers, & red wine vinaigrette	
French Dip Sandwich	13
Thin sliced ribeye, melted muenster cheese,	
Pan Au Jus on a hero roll	
Pan Fried Crab Cake Sandwich	13
Brioche bun and a side of honey mustard sauce	
Grilled Chicken Caesar Wrap	10
Wrapped in a white flour wrap	
Marinated Grilled Chicken Sandwich	12
Mozzarella, roasted peppers, lettuce, tomato, and onion	
Served on a Ciabatta roll with Balsamic Vinaigrette	
Crispy Fish Tacos	13
Cornmeal coated Salmon and cilantro dressed coleslaw	
Served in a white flour tortilla with fresh guacamole and chips	
Whole Wheat Blackened Chicken Wrap	11
Bacon, red onion, avocado, muenster cheese	
Lettuce, tomato, and chipotle mayo	
Turkey and Brie Panini	12
Sliced turkey and Brie with bacon and cranberry spread	
Avocado BLT	12
Applewood smoked bacon, lettuce, tomato, and mayo	
Toasted multigrain health bread	
Soup, Salad and 1/2 Sandwich	11
Your choice of soup, salad and any BLT, panini,	
chicken sandwich or buffalo cauliflower wrap	
Buffalo Cauliflower Wrap	11
Quinoa, wheat berry, shredded lettuce and tomato	
Melted bleu cheese in a white flour wrap	
Triple Decker Chicken Quesadilla	12
Slow pulled chicken, Monterey Jack cheese, and baby spinach	
Served with fresh guacamole, salsa, sour cream, and chips	

BURGERS

Blend of short rib, brisket and chuck. Grilled to your liking and served with French fries

* GLUTEN FREE BURGER BUN OPTION AVAILABLE *

Cheeseburger	13
8 oz. patty topped with yellow American	
Bacon Cheddar Burger	15
8 oz. patty with hardwood smoked bacon and English cheddar	
Smokehouse BBQ Burger	15
8 oz. burger with smoked bacon, Monterey Jack cheese	
And BBQ'd onions	
Buffalo Brie Burger	15
8 oz. burger coated with buffalo sauce and topped with brie	
California Cheeseburger Wrap	15
Fresh Avocado, Butter-leaf lettuce, tomato, onion, pickles	
Topped with Russian dressing in a white flour tortilla	
Veggie Burger	12
Black bean burger topped with cheddar cheese and guacamole	

Entrees

Half / Full Rack

14 / 23

Barbequed Danish Baby Back Ribs
Slow cooked and finished on the grill with our
BBQ sauce, sweet potato fries and homemade slaw

Fajitas
Sautéed peppers and onions with Jasmine rice, pico de gallo,
sour cream, guacamole, and grilled flour tortillas 17

With Grilled Chicken 17
With Shrimp or Steak 19

Chicken Milanese 17
Panko crusted and served with balsamic tossed mixed greens,
Chopped red onion, Sliced red pepper
Topped with tomato and Mozzarella

Cheddar Stuffed Meatloaf 18
Blended short rib meatloaf with country mashed potatoes
Crunchy vidalia onions, barbecued asparagus, and port wine reduction

Shepherd's Pie * 17
Seasoned ground beef with peas, carrots, and onions
Topped with Yukon gold country mashed potatoes

Panko Crusted Vodka Chicken 17
Breaded chicken cutlet smothered in vodka sauce
Topped with Parmesan cheese over linguine

Penne a la Vodka 13
Tomato cream sauce with prosciutto di parma,
finished with triple distilled vodka

Add marinated grilled chicken...\$5

Cavatelli & Broccoli 13
With sautéed broccoli, roasted garlic, olive oil, and white wine

Wok Seared Salmon 24
Scallion fried rice with soybeans, carrots, and mushrooms,
Indonesian sweet black soy and pan roasted asparagus

Creole Shrimp * 19
Creole dusted jumbo shrimp over creamy risotto and roasted asparagus

Center Cut Filet Mignon * 29
8 oz. filet with country mashed potatoes and Port wine demi-glace

Beer Braised Short Rib 20
Boneless beef shortribs slow cooked and served over
mashed potatoes with Au Jus

Hawaiian Rib eye Steak 27
14oz marinated and grilled Rib eye steak served with pineapple fried rice

Korean BBQ Stir Fry 19
Soy marinated beef with broccoli, asparagus, peppers, onions,
and sesame seeds served over jasmine rice

* = Gluten Free Option

SOUP

Fench Onion Soup 6
Made with 3-onions and a cheese glazed crouton

Chicken Noodle Soup 6
Slow cooked with pulled chicken

Feature Soup 6
Ask about our weekly feature soup

KIDS

(All kid's meals served with choice of French fries or daily vegetable.)

....Kids Eat Free On Tuesday Nights Dine In Only

Crispy Chicken Tenders	7	Creamy Mac- n- Cheese	6
Mozzarella Sticks	6	Kids Grilled Cheese	6
Kids Pizza	7	Kids Sliders	8
Kids Strip Steak	12	Pasta	6
		(with tomato or butter sauce)	

FAMILY FEASTS

All Family Meals Feed Approximately Four People (4)

The Dim Sum Package 35

Boom boom shrimp and Thai chicken lettuce wraps
Buffalo wings and mini crab cakes
Accompanied by a tossed Asian field salad and appropriate dips

The Family Barbeque 59

2-Racks of our Danish baby back ribs, grilled vegetables
8-Piece of barbecued black label chicken breast and crusty dinner rolls
Served with Cole slaw, French fries, And a house or Caesar salad

Chicken & Pasta Package 45

Your choice of chicken, choice of either cavatelli & broccoli, Penne
vodka, or baked mac & cheese, house or Caesar
salad Fresh dinner rolls and creamy butter

Sandwich, Soup, Salad & Sweets 34

Choice of any two sandwiches, house or caesar salad
Soup of the day or chicken noodle, and carrot cake or brownie

The Tailgate Package 35

Buffalo wings, potato skins, mozzarella sticks
Boardwalk fries and your choice of flatbread pizza

Pizza & Pasta Package 26

Choice of either cavatelli & broccoli, penne vodka, or baked
mac & cheese Caesar or house salad plain pizza

Add a Quart of any Soup to Any Family Order for \$8

DESSERTS

Warm Chocolate Brownie 8

Topped with Vanilla Fudge Ice Cream and chocolate sauce

Warm Granny Smith Apple Crisp 8

Vanilla Caramel Swirl ice cream & oatmeal-brown sugar streusel
Caramel sauce

Carrot Cake With Cream Cheese Icing 7

Port infused raisin compote and Saffron caramel sauce

Chocolate Chip Cookie Bomb 7

Cookie dough, molten chocolate, & vanilla bean ice cream

Key Lime Pie 7

Key lime custard topped with meringue

Rice Krispie French Toast 7

Topped with vanilla bean ice cream, maple syrup, and berry compote

Ice Cream - \$5

Chocolate, Vanilla Bean,

Vanilla Caramel Swirl & Vanilla Fudge Crunch

Delicious Heights

Carry Out & Delivery Menu

Berkeley Heights, NJ

428 Springfield Ave

908.464.3287

Mon- Saturday 10 am to 9 pm

Sun- 12 pm to 8 pm

www.deliciousheights.com

Try Our Other Locations in
Bedminster & Basking Ridge

yum.
seven days a week

Updated 7.19.18